The Diocese of Kansas City- St. Joseph

Medical Premium Discount

Plan Year 2027

Premium Discount

$600 ($50 per month) for the 2028 plan year.

Eligibility

Lay employees enrolled in one of the Cigna medical plans.

Requirements Deadline

October 31st, 2027.

Get Started

☑ Register on the Cigna portal at MYCIGNA.COM.

Note: You will need your Cigna member ID card.

Requirements

☑ Complete an annual exam or biometric screening.

☑ Complete the Health Assessment on the Cigna portal.

Note: Request a copy of the Health Assessment in Spanish by emailing Wellness@diocesekcsj.org.